

JED HIGH SCHOOL PROGRAM



HIGH SCHOOL

Be a leader in supporting student mental health and preventing suicide

Schools play a critical role in supporting student mental health. As a school leader, it can be overwhelming to take on this monumental task. JED can help you build a comprehensive system of mental health support to envision and implement a true safety net for students.

Our Challenge

- In 2021, more than 40% of high school students said they experienced persistent feelings of sadness and hopelessness.
- Almost one in five students made a suicide plan.
- Suicide is the second leading cause of death among young people ages 10 to 34.

The Solution

JED High School is a three-year partnership tailored to meet your school's needs. As a leader in protecting student mental health and preventing suicide, our mission is to fully support you in making meaningful, sustainable, and measurable improvements in the well-being of your school community. Our expert-led team assesses your needs to develop a customized strategic plan. Then, leveraging your existing strengths, our team will help you implement evidence-based, data-driven practices to create a truly connected school community and best-in-class school mental health systems.

Who We Are

JED is a nonprofit that protects emotional health and prevents suicide for our nation's teens and young adults. We partner with high schools, districts, and colleges to strengthen their mental health, substance misuse, and suicide prevention programs and systems. We equip teens and young adults with skills and knowledge to help themselves and each other. We encourage community awareness, understanding, and action for young adult mental health.



JED High Schools Receive

Data-Informed, Actionable Plans Customized to Your Community

No two schools are the same, which is why we first conduct a thorough evaluation of your specific school or district's strengths and student mental health needs. JED assessments take a comprehensive analysis of your students, faculty, staff, and campus to identify and understand the current climate, needs, policies, programs, and practices surrounding student mental health at your school. With this deep understanding, we work together to create a strategic plan that efficiently and effectively enhances what is already working and innovate to address unmet needs and create a seamless, holistic approach to mental health.

Expert Insight and Technical Assistance

Our School Mental Health Specialists are professionals in education and understand the challenges schools face today. Through expert insight, technical assistance, and a regular cadence of check-ins and thought partnership, your school or district receives customized support to develop your plan and build your team's capacity to achieve your goals.

Best Practices to Enhance Your Policies, Programs, and Resources

JED is at the forefront of suicide prevention and comprehensive school mental health. We help you make informed decisions and enhance policies, programs, and resources with insight into clinically reviewed and peer-informed best practices.

Membership In a Leading-Edge Learning Community

JED maintains an extensive library of current research on promoting student well-being and preventing suicide, as well as sample policies, programs, and educational campaigns. You'll receive free access to webinars; student, staff, and teacher training; newsletters; conversations with subject-matter experts; and curated resources to meet today's school mental health needs. When you join JED High School, you become part of a community of schools and districts nationwide where you can connect with and learn from peers who are equally dedicated to protecting student mental health.

Measurable Outcomes and Lasting Impact

JED assists you in administering a second round of JED assessments and provides a comprehensive post-assessment report and sustainability plan, which documents and demonstrates the program's success and outlines future steps to maintain and build on it.

Ongoing Support

Upon completion, your school can access an active network of resources, events, and professional development.

Fees and Funding

JED is dedicated to making our programs accessible to all schools and districts. To learn more about our fee structure and opportunities for funding JED High School in your school or district, email jedhsinfo@jedfoundation.org.

- **Fees:** \$35,000 for the three-year program

Collaborate with JED High School

For more information, visit jedfoundation.org/jed-high-school or scan here:



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What others have to say about JED High School

"The best part of working with JED is the connection with our school mental health specialist, who has a deep understanding of the needs of our school. The support she provides me, personally, as a leader is invaluable."

Jessica Verdicchio

LCSW, Wellness Supervisor at Northern Highlands Regional High School in Allendale, New Jersey

"As a JED High School, we have, for the first time, brought together staff, students, and parents to talk about mental health and suicide. Previously we have had training, brought in guest speakers, and implemented important programs, but we never had focused conversations where all stakeholders had a voice. Having the diverse perspectives of this group will help us as we continue to address and support the mental health needs of our students."

Robert Mullaney

Superintendent, Millis Public Schools in Millis, Massachusetts

"The Jed Foundation staff are experienced, empathic, and thoughtful. They have been adept at tailoring their support to the needs of our school, which has been especially useful during these strange and unprecedented times. We are looking forward to continuing our partnership!"

Tracy Schaffzin

School Counselor, The Clinton School in New York City