



The Jed Foundation

Feeling pressured to share?

# RECOMMEND INSTEAD.

**63%** OF STUDENTS WITH A VALID ADHD PRESCRIPTION  
TAKE THEIR MEDICATION AS PRESCRIBED, AND  
DO NOT SHARE OR SELL IT TO THEIR CLASSMATES.\*

*If you're feeling pressured into sharing your medication, remind your friends that there are better ways to relax, such as quick, easy exercise breaks.*

**For help with stress and to learn more,  
visit [insert URL]**



\*BASED ON A 2016 SURVEY OF 2989 UNDERGRADUATES ENROLLED AT A LARGE WESTERN UNIVERSITY BY CPAMM.